

Bestenlijst Meisjes U18 - outdoor

| 100m | | | 200m | | | 400m | | | 800m | | | 1.500m | | | | | | | |
|------|------------------|-------|------|----|--------------------|-------|------|----|-----------------|---------|------|--------|--------------------|---------|------|----|--------------------|---------|------|
| 1 | Rinske Daniëls | 12,15 | 1999 | 1 | Rinske Daniëls | 24,62 | 1999 | 1 | Eefje v. Mourik | 56,74 | 1992 | 1 | Annet Bezemer | 2.14,7 | 1985 | 1 | Lotte Jacobs | 4.40,69 | 2005 |
| 2 | Eefje v. Mourik | 12,41 | 1992 | 2 | Ineke Sijbers | 25,37 | 1987 | 2 | Anneke Sijbers | 57,75 | 1984 | 2 | Vera Lurvink | 2.15,75 | 2014 | 2 | Annet Bezemer | 4.41,6 | 1985 |
| 3 | Ineke Sijbers | 12,50 | 1987 | 3 | Eefke Daniëls | 25,73 | 2003 | 3 | Rinske Daniëls | 58,62 | 1999 | 3 | Petra v.d. Kerkhof | 2.16,9 | 1971 | 3 | Marieke Muskens | 4.46,69 | 1995 |
| 4 | Eefke Daniëls | 12,5 | 2003 | 4 | Eefje v. Mourik | 25,6 | 1992 | 4 | Gaby Schouten | 58,72 | 1996 | 4 | Carla v. Herpen | 2.17,0 | 1975 | 4 | Carla v. Herpen | 4.54,7 | 1975 |
| | Tanja v. Wouden | 12,5 | 1974 | 5 | Anneke Sijbers | 25,8 | 1984 | 5 | Ineke Sijbers | 58,9 | 1988 | 5 | Haitske Daniëls | 2.18,1 | 1997 | 5 | Cindy Verstappen | 4.55,60 | 1991 |
| 6 | Bea Smits | 12,6 | 1974 | 6 | Linda Feenstra | 26,28 | 2011 | 6 | Bea Smits | 59,2 | 1975 | 6 | Lotte Jacobs | 2.19,11 | 2005 | 6 | Suzanne Wiertsema | 4.57,1 | 1988 |
| | Toos Cornelissen | 12,6 | 1971 | 7 | Pauline v.d. Roest | 26,29 | 1986 | 7 | Linda Feenstra | 59,64 | 2011 | 7 | Suzanne Wiertsema | 2.19,2 | 1988 | 7 | Petra v.d. Kerkhof | 5.01,2 | 1970 |
| 8 | Kasia Ferenz | 12,92 | 2018 | 8 | Sandra v.d. Sommen | 26,3 | 1984 | | Haitske Daniëls | 59,5 | 1997 | 8 | Gaby Schouten | 2.20,19 | 1996 | 8 | Marieke v. Lierop | 5.01,6 | 1970 |
| 9 | Anneke Sijbers | 12,7 | 1984 | | Bea Smits | 26,3 | 1975 | 9 | Vera Lurvink | 1.00,06 | 2013 | 9 | Anneke Sijbers | 2.21,1 | 1984 | 9 | Miriam v. Bakel | 5.03,7 | 1980 |
| 10 | Linda Feenstra | 12,98 | 2011 | 10 | Chantal Huibers | 26,5 | 1997 | 10 | Leonie Donkers | 1.00,2 | 1986 | 10 | Eefje v. Mourik | 2.21,8 | 1991 | 10 | Nicole Engels | 5.04,0 | 1980 |

| 3.000m | | | 2.000m steeple | | | 150m *(onder voorbehoud; historie ontbreekt) | | | 300m *(onder voorbehoud; historie ontbreekt) | | | 600m *(onder voorbehoud; historie ontbreekt) | | | | | | | |
|--------|--------------------|----------|----------------|--|--|--|--|----|--|-------|------|--|-----------------|-------|------|----|------------------|---------|------|
| 1 | Lotte Jacobs | 10.19,89 | 2005 | | | | | 1 | Nina Verwer | 21,33 | 2024 | 1 | Franca Schoonen | 45,33 | 2023 | 1 | Layla van Berkel | 1.56,05 | 2023 |
| 2 | Marieke Muskens | 10.29,86 | 1995 | | | | | 2 | Zenn Clignett | 21,83 | 2024 | 2 | Eline Bartels | 46,86 | 2024 | 2 | | | |
| 3 | Annet Bezemer | 10.31,6 | 1985 | | | | | 3 | Isa Dankers | 22,08 | 2024 | 3 | Karlijn Sukel | 50,13 | 2024 | 3 | | | |
| 4 | Pascale Maas | 11.20,12 | 2010 | | | | | 4 | Karlijn Sukel | 22,36 | 2024 | 4 | Lize Kostons | 51,23 | 2024 | 4 | | | |
| 5 | Layla van Berkel | 12.09,73 | 2024 | | | | | 5 | Mirthe Reijnen | 22,81 | 2023 | 5 | | | | 5 | | | |
| 6 | Marly Verdegen | 12.17,3 | 2001 | | | | | 6 | Renske Mennen | 23,15 | 2024 | 6 | | | | 6 | | | |
| 7 | Gaby Schouten | 12.44,6 | 1995 | | | | | 7 | | | | 7 | | | | 7 | | | |
| 8 | Anne Gilsing | 12.47,4 | 2002 | | | | | 9 | | | | 9 | | | | 9 | | | |
| 9 | Jessica Crooijmans | 13.07,30 | 2007 | | | | | 10 | | | | 10 | | | | 10 | | | |
| 10 | Sanne Joosten | 13.47,0 | 2000 | | | | | | | | | | | | | | | | |

| 100m horden | | | 200m horden | | | 300m horden | | | 400m horden | | | Engelse mijl *(onder voorbehoud; historie ontbreekt) | | | | | | | |
|-------------|--------------------|-------|-------------|---|------------------|-------------|------|----|-------------------|-------|------|--|----------------------|---------|------|----|------------------|---------|------|
| 1 | Manon v.d. Linden | 15,00 | 1993 | 1 | Laura van Mierlo | 44,79 | 2017 | 1 | Sandra v.d.Sommen | 44,55 | 1984 | 1 | Lieke Brouwers | 1.08,89 | 2014 | 1 | Layla van Berkel | 6.11,58 | 2023 |
| 2 | Eefje v. Mourik | 14,8 | 1992 | | | | | 2 | Eefje v.Mourik | 45,07 | 1991 | 2 | Lotte vd Westen | 1.09,73 | 2012 | 2 | | | |
| | Sandra v.d. Sommen | 14,8 | 1984 | | | | | 3 | Gonnie Migchels | 46,5 | 1981 | 3 | Manon vd Wouw | 1.10,15 | 2003 | 3 | | | |
| 4 | Anne Relou | 15,22 | 1993 | | | | | 4 | Anneke Sijbers | 46,9 | 1984 | 4 | Franca Schoonen | 1.12,17 | 2022 | 4 | | | |
| 5 | Lotte vd Westen | 15,39 | 2012 | | | | | 5 | Gaby Schouten | 48,32 | 1996 | 5 | Lotte Jacobs | 1.13,0 | 2005 | 5 | | | |
| 6 | Eefke Daniëls | 15,47 | 2003 | | | | | 6 | Manon vd Linden | 49,2 | 1992 | 6 | Marly Verdegen | 1.13,8 | 2000 | 6 | | | |
| 7 | Lieke Brouwers | 15,4 | 2014 | | | | | 7 | Annet Bezemer | 49,3 | 1984 | 7 | Stephanie Crooijmans | 1.14,1 | 2005 | 7 | | | |
| 8 | Gaby Schouten | 15,88 | 1995 | | | | | 8 | Ineke Sijbers | 49,8 | 1985 | 8 | Anne Gilsing | 1.16,5 | 2002 | 8 | | | |
| 9 | Gonnie Migchels | 15,8 | 1981 | | | | | 9 | Toosje Valkenburg | 49,9 | 1982 | 9 | Sanne Joosten | 1.16,82 | 2001 | 9 | | | |
| | Toosje Valkenburg | 15,8 | 1981 | | | | | 10 | Petra Kuijpers | 50,14 | 1993 | 10 | Xandra vd Weegen | 1.19,11 | 1987 | 10 | | | |

B.N.A.C. Bestenlijst Meisjes U18 - outdoor**verspringen**

| | | |
|----------------------|------|------|
| 1 Eefje v. Mourik | 5,61 | 1992 |
| 2 Pauline v.d. Roest | 5,50 | 1986 |
| 3 Rinske Daniëls | 5,30 | 1997 |
| 4 Linda v. Bakel | 5,26 | 1990 |
| Sandra v.d. Sommen | 5,26 | 1984 |
| 6 Eefke Daniëls | 5,24 | 2002 |
| 7 Tanja v. Wouden | 5,18 | 1974 |
| 8 Annette Bezemer | 5,16 | 1984 |
| 9 Astrid Smits | 5,15 | 1966 |
| 10 Gaby Schouten | 5,12 | 1996 |

hink-stap-springen

| | | |
|---------------------|-------|------|
| 1 Eefje v. Mourik | 10,63 | 1991 |
| 2 Eefke Daniëls | 10,10 | 2002 |
| 3 Lotte vd Westen | 9,88 | 2011 |
| 4 Maaïke de Louw | 9,58 | 1996 |
| 5 Petra Kuipers | 9,55 | 1994 |
| 6 Cynthia Koolhof | 9,52 | 1998 |
| 7 Gaby Schouten | 9,51 | 1996 |
| 8 Peggy v. Alem | 9,25 | 1995 |
| 9 Kim Jansen | 9,22 | 1995 |
| 10 Cindy Verstappen | 8,88 | 1992 |

hoogspringen

| | | |
|---------------------|------|------|
| 1 Caroline Schouten | 1,65 | 1999 |
| 2 Kim Martens | 1,63 | 1987 |
| 3 Peggy v. Alem | 1,61 | 1996 |
| Sandra v.d. Sommen | 1,61 | 1984 |
| 5 Julia van Dijk | 1,60 | 2019 |
| Marceline Manders | 1,60 | 2009 |
| Annette Bezemer | 1,60 | 1984 |
| 8 Gaby Schouten | 1,58 | 1996 |
| 9 Isa Stommels | 1,55 | 2017 |
| Bo Smit | 1,55 | 2012 |
| Lotte de Fockert | 1,55 | 2007 |
| Eefje v. Mourik | 1,55 | 1991 |
| Ellen v. Duijnhoven | 1,55 | 1990 |
| Mandy Maas | 1,55 | 1987 |
| Toosje Valkenburg | 1,55 | 1982 |
| Gonnie Migchels | 1,55 | 1981 |
| Petra v.d. Kerkhof | 1,55 | 1972 |

polsstok-hoogspringen

| | | |
|---------------------|------|------|
| 1 Julia van Dijk | 2,50 | 2019 |
| 2 Meike Schaap | 2,30 | 2019 |
| 3 Loes Schatorjé | 1,70 | 1997 |
| 4 Natasha vd Linden | 1,60 | 2001 |
| 5 Elien vd Eijnde | 1,50 | 2011 |

speerwerpen

| | | |
|---------------------|-------|------|
| 1 Melissa Geerarts | 34,62 | 2009 |
| 2 Bo Smit | 32,38 | 2014 |
| 3 Lotte vd Westen | 29,08 | 2012 |
| 4 Isa Beem | 27,90 | 2019 |
| 5 Isa Stommels | 27,75 | 2017 |
| 6 Nina Verwer | 25,42 | 2024 |
| 7 Karlijn de Jong | 24,82 | 2015 |
| 8 Marceline Manders | 22,75 | 2010 |
| 9 Julia van Dijk | 22,25 | 2019 |
| 10 Mirthe Reijnen | 21,35 | 2023 |

discuswerpen

| | | |
|-----------------------|-------|------|
| 1 Natascha vd Linden | 40,84 | 2004 |
| 2 Carola Verlijdsdonk | 32,26 | 1987 |
| 3 Caroline Schouten | 32,24 | 2001 |
| 4 Petra v.d. Kerkhof | 30,28 | 1972 |
| 5 Caroline Schotte | 30,26 | 1983 |
| 6 Sandra v.d. Sommen | 30,04 | 1983 |
| 7 Mia Keunen | 28,48 | 1961 |
| 8 Mieke Strijbosch | 28,42 | 1968 |
| 9 Rineke Vlemmings | 28,16 | 1962 |
| 10 Annie Swinkels | 26,94 | 1959 |

kogelstoten

| | | |
|----------------------|-------|------|
| 1 Natascha vd Linden | 13,80 | 2004 |
| 2 Sandra v.d. Sommen | 12,43 | 1984 |
| 3 Caroline Schouten | 12,26 | 1999 |
| 4 Isa Stommels | 10,78 | 2016 |
| 5 Petra v.d. Kerkhof | 10,34 | 1972 |
| 6 Eefke Daniëls | 10,32 | 2003 |
| 7 Sjan Vlemmings | 10,22 | 1959 |
| 8 Diana v. Asten | 10,20 | 1985 |
| 9 José v. Griensven | 10,14 | 1985 |
| 10 Suzan de Bruijn | 10,05 | 1989 |

kogelslingeren

| | | |
|-------------------------|-------|------|
| 1 Natascha vd Linden | 51,30 | 2004 |
| 2 Caroline Schouten | 25,25 | 2000 |
| 3 Gaby Schouten | 24,94 | 1996 |
| 4 Lea Relou | 23,04 | 1998 |
| 5 Willeke v.d. Eventuin | 21,66 | 1996 |
| 6 Cynthia Koolhof | 21,04 | 1999 |
| 7 Lotte Jacobs | 18,58 | 2005 |
| 8 Loes Schatorjé | 18,00 | 1997 |
| 9 Joyce van Lieshout | 17,35 | 1998 |
| 10 Carola vd Linden | 16,46 | 2000 |

meerkamp

| | | |
|----------------------|------|------|
| 1 Sandra v.d. Sommen | 5229 | 1984 |
| 2 Eefje v. Mourik | 4560 | 1992 |
| 3 Annette Bezemer | 4221 | 1985 |
| 4 Eefke Daniëls | 4160 | 2003 |
| 5 Lotte vd Westen | 4127 | 2012 |
| 6 Gaby Schouten | 4102 | 1996 |
| 7 Isa Stommels | 3858 | 2017 |
| 8 Bo Smit | 3696 | 2014 |
| 9 Yvonne Gruijters | 3665 | 1985 |
| 10 Manon vd Wouw | 3639 | 2003 |

speerwerpen 600gr tot 1999

| | | |
|------------------------|-------|------|
| 1 Sandra v.d. Sommen | 43,76 | 1983 |
| 2 Inge Leijten | 34,96 | 1988 |
| 3 Suzan de Bruijn | 33,68 | 1990 |
| 4 Angelique vd Kerkhof | 31,40 | 1985 |
| 5 Marian Oomen | 31,00 | 1975 |
| 6 Miranda Weijts | 30,64 | 1984 |
| 7 Kim v. Mourik | 29,58 | |
| 8 Petra v.d. Kerkhof | 29,22 | 1971 |
| 9 Caroline Schouten | 29,10 | 1999 |
| 10 Pascale Vaes | 28,82 | 1987 |

speerwerpen 600gr 1999 t/m 2008

| | | |
|------------------------|-------|------|
| 1 Wendy Gommans | 30,96 | 2004 |
| 2 Eefke Daniëls | 30,88 | 2003 |
| 3 Caroline Schouten | 29,93 | 2000 |
| 4 Heike Vincentie | 29,61 | 2001 |
| 5 Natascha vd Linden | 28,86 | 2003 |
| 6 Stephanie Crooijmans | 26,04 | 2005 |
| 7 Peggy vd Vijfeijken | 26,00 | 2009 |
| 8 Geertje Leyten | 25,30 | 2000 |
| 9 Maartje Bogers | 24,95 | 2003 |

 **Bestenlijst Meisjes U18 - outdoor**

4 x 100m

| | | | |
|---|----------------------|------|------|
| 7 | Annet Bezemer | 50,9 | 1982 |
| | Angelique vd Kerkhof | | |
| | Anneke Sijbers | | |
| | Sandra vd Sommen | | |

4 x 200m

4 x 400m

| | | | |
|---|----------------------|---------|------|
| 7 | Annet Bezemer | 4.04,62 | 1984 |
| | Angelique vd Kerkhof | | |
| | Anneke Sijbers | | |
| | Sandra vd Sommen | | |

4 x 800m

| | | | |
|---|----------------------|----------|------|
| 7 | Stephanie Crooijmans | 10.31,04 | 2004 |
| | Ilse de Greef | | |
| | Lotte Jacobs | | |
| | Manon vd Wouw | | |

Zweedse estafette
